



RUGBY LEAGUE BY LAWS



2026

***AIC BY LAWS ARE DEVELOPED IN ADDITION TO
THOSE OF THE STATE AND NATIONAL
GOVERNING BODY, EXCEPT STATED OTHERWISE.
THE BY LAWS ARE REVISED ANNUALLY.***

AIC RUGBY LEAGUE BY LAWS 2026

RULES PERTAINING TO ALL TEAMS

Clause 1: GRADES AND AIC AGGREGATE

(a) Grades catered for shall be: First XIII, Second XIII, Third XIII, Year 10A, Year 10B, Year 9A, Year 9B, Year 8A, Year 8A, Year 7A, Year 7B, Year 6A, Year 6B, Year 5A and Year 5B.

(b) Year 7A, Year 8A, Year 9A, Year 10A, 2nd XIII and 1st XIII teams will be the only teams that count towards the overall aggregate.

Clause 2: COMPETITION POINTS

Win	=	2
Loss	=	0
Draw	=	1
Washout	=	1

Clause 3: SELECTION OF TEAMS AND RESTRICTIONS ON PLAYERS

- a) Colleges shall select players of a higher graded team before selecting those of lower graded teams, whether the higher grades are engaged or not.
- b) Players who have played in 'B' games are permitted to act as reserves for 'A' games provided 'Clause 3 -g) below is followed.
- c) Players who are 15 or turning 15 in year of competition will not be eligible to play in the Open grades.
- d) Boys who are turning 16 in year of competition and are in Year 10 shall be eligible to play in the Open grades.
- e) Year 5 teams will play with 11 per side with a maximum of 4 players on the bench.
- f) Year 6 teams will play with 13 per side with a maximum of 4 players on the bench.
- g) Years 7 – 2nd XIII teams will play with 13 per side with a maximum of 6 players on the bench.
- h) The 1st XIII will play with 13 per side with a maximum of 4 players on the bench with a maximum of 10 interchanges
- i) Interchange cards will be provided by the NRL Ground Manager. Interchange cards must be handed to the NRL Ground Manager at the time of making a substitution.

Clause 4: SUBSTITUTIONS

As per Clause 3, Year 5 – 2nd XIII will play with unlimited interchange.

Clause 5: FORMAT OF MATCHES

- a) 1st & 2nd XIII = 2 x 30 minute halves
- 3rd XIII, Year 10, Year 9, Year 8, Year 7 = 2 x 25 minute halves
- Year 6, Yr 5 = 2 x 20 minute halves
- b) In all cases the half time break will be 5 minutes.
- c) There is no stoppage of time for injury.

Clause 6: MATCH VENUES AND TIMINGS

- i. The match venues follow the Associations Home and Away Draw.
- ii. The following schedule of games will occur unless agreed to by both schools.

	Field 1	Field 2		Field 3
8:00am	9B	7B	8:00am	5B
9:00am	9A	7A	8:50am	5A
10:00am	10B	8B	9:40am	6B
11:00am	10A	8A	10:30am	6A
12:00pm	2nds	3rds		
1:15pm	1sts			

- iii. The field size and ground markings shall be as per regulation (where possible as college field measurements differ) as stated in the Junior League guidelines set by the NRL.

Years 6 – 1st XIII Field Size 100m x 68m

Year 5 Field Size 80m x 48m

Clause 7: OFFICIALS

- i. All secondary school fixtures will be appointed with a referee as allocated by the NRL. All primary school fixtures (Year 5 and 6) will require a 'home school' appointed referee.
- ii. 1st XIII games will have appointed touch referees as allocated by the NRL
- iii. Colleges are to provide touch referees for all Years 5-2nd XIII games
- iv. In the event of the nominated official referee not being in attendance ten minutes after the scheduled commencement time, Heads of Sport or Coordinators may mutually agree on the provision of a qualified referee or official. If no qualified referee or official is available, there must be a mutual agreement on the provision of an unqualified official.

Clause 8: BALLS

Years 7 to Open divisions will play with a regulation "Senior" ball as per NRL International 13's and above rules.

Years 5 and 6 divisions will play with a regulation "MOD" ball as per NRL Under 10's, 11's and 12's rules.

"Steeden" is the preferred brand of ball to be used for all fixtures. The NRL match manager on duty will provide the game balls.

Clause 9: UNIFORM

- a) All teams must wear numbered jerseys.
- b) All Year 5 and 6 players playing in the positions of 'first receiver' (FR) and 'dummy half' (DH) must wear a positional bib (yellow and pink bibs are required)

Clause 10: DISQUALIFIED PLAYER OR OFFICIAL (MISCONDUCT)

- a) All cases of misconduct resulting in a 'send-off' for a player or team official shall be reported to the Head of Sport and the Match Manager on duty.
- b) Disqualified players or officials shall take no further part in any match on the day of disqualification. Please refer to and adhere to Clause 7 of the General Association By Laws "Player Suspension".

Clause 11: WEATHER

Refer to AIC Severe Weather Policy.

Clause 12: MEDICAL

First aid staff with a minimum qualification of Advanced Life Support must be in attendance at all fixtures. First aid must be accessible and in close proximity to all ovals where fixtures are being played.

Clause 13: HOSPITALITY

A brief exchange of speeches and refreshments can be made to First players and coaches following the match.

Clause 14: GOAL KICKING (Year 5 and 6 Games only)

In Year 5 and 6 games, there is to be NO kicking for goal after a try or for a penalty goal.

GOVERNING LAWS AND RELATED LINKS

All the national body laws and referee resources can be found via the link below:

[Referee Resources - Play Rugby League - Play Rugby League](#)