



COVID-19 Safe Return to Sports Plan

PLN-0002
Version 1.0



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COVID-19 Safe Return to Sports Plan

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1 ABOUT THIS PLAN

1.1 Introduction

Mission of AIC

The AIC will provide well-organized competitions in sport and other activities that foster participant engagement and pride in communities in a holistic Christian context.

Our students, staff and families (both past and present) will nurture spiritual, moral, emotional, intellectual, physical and social development through respectful and compassionate relationships in a safe environment.

The Associated Independent Colleges (AIC) Sports Association has provided sporting opportunities for students within the Association since 1999. The AIC aims to provide well-organized competitions that foster large participant engagement.

COVID-19 Coronavirus has caused global concern from December 2019, and the Australian and Queensland governments are continuing to monitor and respond to the transmission of the virus since its emergence.

AIC sport concluded on 15 March 2020 to ensure the safety of all participants and to support and assist with community actions to limit the rate of COVID-19 transmission within communities. All sport was cancelled for the second school term.

On 15 May 2020, the Queensland Government announced the commencement of three stages for the easing of restrictions on gatherings and non-essential activities including community and professional sport. The first stage commenced on 15 May, Stage 2 commenced on 1 June, and Stage 3 is currently planned to commence 10 July 2020. Progression to Stages 3 remains subject to confirmation by authorities based on health advice after a review of the impact of Stage 2. Authorities will confirm the position for Stages 3 ahead of its planned commencement.

The AIC aims to recommence sports competitions from Saturday 18 July on the provision the easing of restrictions moves to Stage 3 in line with what has been announced by the Queensland government. The Management Committee of the AIC, above all else, values the safety and welfare of staff, volunteers, students and families and the common good of all people not just our own communities. It is committed to supporting and aligning with the three stages for return to sport in Queensland and setting clear guidelines for member Colleges to enforce at any AIC activities (indoor and outdoor) and sports offered in Term 3 & 4.





The AIC will continue to monitor the reports and advice from the Australian and State governments and other relevant health and educational authorities. This information will be used to evidence any decision processes within the AIC when considering matters of due diligence within our competitions and events. This plan links with AIC's other WHS strategies.

1.2 Purpose

The purpose of this **Safe Return to Sports Plan** is to meet our due diligence expectations and the AIC Mission by providing safe and healthy environments for the competing Colleges and their students and families. It been developed as part of AIC's overall commitment to work health and safety, and to assist our member schools (listed below) comply with COVID-19 safe strategies for the sports in which they participate:

- Iona College
- Marist College Ashgrove
- Padua College
- St Edmunds College
- St Laurences College
- St Patrick's College
- St Peters Lutheran College
- Villanova College.

1.3 Scope

This Plan applies to all AIC Officers, College's staff, students and families that are involved in sporting events and programs that are set out in the plan. It has been endorsed by the AIC Management Committee based on expert information available from updates from the Australian and State government, and other relevant health and educational authorities. It must also be noted that the COVID-19 situation is fluid and information made available from these sources consistently changes because of the nature of the spread of the virus. Any relevant changes will be immediately considered and adjustments will be made to the plan where necessary and relevant.

From Stage 2 (commencing 1 June 2020) in Queensland's roadmap to easing COVID-19 restrictions (refer **Appendix A**), non-contact activity is permitted for up to 20 people. With an approved an [approved industry COVID Safe Plan](#) (CSP) more than 20 may be permitted. Organised training/coaching can commence from Stage 2 is the activity and number of participants is permitted within the stated restrictions or in an approved industry CSP.

From Stage 3 (commencing 10 July 2020) standard sporting activities can recommence for up to 100 people. With an [approved industry COVID plan](#), more than 100 people may be permitted.





This plan, while not an [approved industry COVID plan](#), summaries guidance from relevant approved industry plans for the following sports:

- Track and Field
- Basketball
- Cricket
- Chess
- Cross Country
- Football
- Rugby Union
- Swimming
- Tennis
- Volleyball
- Australian Rules Football
- Golf
- Rugby League
- Water Polo.

It has been developed to comply with applicable obligations in force at the time of its development under the following legislation:

- Work Health and Safety Act 2011; and
- *Public Health Act 2005* and any [public health directions](#) currently in force, including:
 - Restrictions on Businesses, Activities and Undertakings Direction;
 - Movement and Gathering Direction;
 - Self-isolation for Diagnosed Cases of COVID-19 Direction;
 - Protecting Public Officials and Workers (Spitting, Coughing and Sneezing) Direction; and
 - School and Early Childhood Service Exclusion Direction.

1.4 Responsibilities

AIC's responsibilities under this plan extend to the activities it conducts on behalf of member schools in relation to:

- coordination of sporting fixtures;
- booking of major venues (non-school based);
- engagement of appropriate umpires and referees;
- taking reasonably practicable actions to ensure the adequacy of facilities, amenities, first aid arrangements and COVID-19 management strategies at sporting venues; and
- ensuring that sports are conducted according to the AIC by-laws.





AIC is not responsible for:

- implementation of COVID-19 management strategies at venues (either school based or non-school based);
- taking direct action to rectify deficiencies in facilities and amenities;
- direct supervision of students participating in sporting events or when training; or
- reporting of COVID-19 illnesses to Queensland Health.

The person responsible for monitoring this Plan is the AIC Executive Officer.

1.5 Plan Preparation

This Plan was prepared by Shelley Dale OHS Services based on WHS legislation, public health directions, industry practice, and discussions held with AIC's Executive Officer and member school representatives. The contribution of St Patrick's College is acknowledged with respect to the development of the Risk Assessment and Procedure for Dealing with COVID-19 Cases.

1.6 Definitions

Approved industry COVID plan – a plan developed by an industry peak body or representative group for businesses within that industry to follow. The plan clearly outlines how businesses will operate and has been approved Queensland's Chief Health Officer. Eligible business who are following an industry COVID Safe plan can operate beyond the limits prescribed in the roadmap (**Appendix A**), provided they are following social and physical distancing requirements.

Essential business, activity or undertaking – means a business, activity or undertaking that is not prohibited by the *Non-essential Business, Activity and Undertaking Closure Direction* or its successor, or another Public Health Direction.

Gathering – does not include:

- gathering at a school, university, educational institution or childcare facility, that is necessary for the normal business of the facility.

Roadmap – means the Queensland government roadmap to easing COVID-19 restrictions, which outlines a gradual reduction over three phases.

Social distancing – includes remaining at least 1.5 metres away from other persons and maintaining density of 1 person per 4m² where possible, regular washing of hands and avoiding handshaking.





1.7 Approvals

The table below lists the AIC personnel identified as Officers within the organisation. By signing below, these persons confirm that they have read, understood and give their commitment and support to the actions in the plan.

Name	Position	Signature	Date
AIC Management Committee:			
	Principal – Iona College		
	Principal – Marist College Ashgrove		
	Rector – Padua College		
	Principal – St Edmunds College		
	Principal – St Laurences College		
	Principal – St Patrick’s College		
	Head of College – St Peters Lutheran College		
	Principal – Villanova College		
	AIC Executive Officer		





NOVEL CORONAVIRUS (COVID-19)

AIC RESPONSE TEAM

College Principals: Mr Trevor Goodwin (Iona College) Mr Ray Celegato (St Edmund's College)
 Directors of Sport: Mr Jim Potts (St Patrick's College) Mr Eddie Wallace (St Laurence's College)
 Compliance Officer: Mrs Claudette Perrett (Padua College)
 AIC President: Mrs Chris Mayes (St Patrick's College)
 AIC Executive Officer (EO): Mrs Kerri Stariha

ACTION PLAN		
AIC President & Executive Officer	AIC Response Team	AIC Member Colleges
<p>The AIC President will communicate with other AIC School Principals outlining any instances of COVID positive reports from member schools that may impact the closure or adjustment to the AIC sporting program or other AIC Colleges and provide information about initiatives in place (if any) by the affected College(s).</p> <p>The AIC Executive Officer is responsible for monitoring the AIC COVID-19 Safe Return to Sports Plan.</p> <p>EO will take reasonable steps to ensure the adequacy of facilities, amenities, first aid arrangements and COVID-19 management strategies at venues.</p> <p>Confer with Directors of Sport to amend any sports by-laws to improve COVID safe practices in competitions and activities.</p> <p>The AIC Executive Officer will confer the meeting of the AIC COVID Response Team.</p> <p>The AIC President will manage any media communication regarding COVID-19 occurrences that may impact the AIC sport competitions.</p>	<p>Confer meeting with all members of the Response Team after advice from the AIC President/EO.</p> <p>Seek and communicate the directions of Queensland Health and other relevant authorities regarding contact tracing, competition and venues.</p> <p>Ensure compliance to directions of relevant authorities.</p> <p>Ensure affected Colleges are contacted and have contact tracing measures in place if needed.</p> <p>With the EO, confer a meeting with other Directors of Sport to develop an adjusted or revised plan to cater for any impacts of health authority advice including school closures and venue cleaning.</p> <p>Gathering any financial costs to Colleges who are affected by competition adjustments or closures</p> <p>With the EO, communicate changes to the competition draws to all AIC member Colleges.</p>	<p>Ensure compliance to the AIC COVID-19 Safe Return to Sport Plan and updated government and health authority advice with trainings and venues by implementing the COVID-19 management strategies outlined in the plan.</p> <p>Take direct action to rectify deficiencies in any facilities, venues, and amenities.</p> <p>Direct supervision of students participating in sports events or training.</p> <p>Keep accurate records of team players and spectators for purposes of contact tracing.</p> <p>Seek advice and directions from Queensland Health regarding contact tracing and venue cleaning requirements.</p> <p>Communicate with own College communities outlining impact on co-curricular sports and activities.</p> <p>Contact the AIC President and inform of situation and Queensland Health requirements for AIC Colleges that might be impacted.</p> <p>Notify the AIC President of any actions that might need to be taken by the Association or member Colleges.</p>





		<p>Assist with any contact tracing requirements regarding other member Colleges.</p> <p>Notify their College community of any adjustments or revised sports plans.</p>
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2 AIC SAFE RETURN TO SPORT STATEMENT

Associated Independent Colleges (AIC) acknowledges its role in supporting member schools and participants to safely manage return to sporting competitions as COVID-19 restrictions lift. As an organisation we shall:

- make all decisions in respect to return to sporting competitions and managing health and safety based on [Queensland COVID-19 public health directions](#) and the [Queensland Government Return to Play Guide](#);
- adopt where relevant and possible the best-practice principles developed by the peak bodies for the sports in which our member schools participate, including the Australian Institute of Sport's [Framework for Rebooting Sport](#) (including the National Principles for the Resumption of Sport and Recreation Activities) (**Appendix B**);
- take reasonable steps to assess that sporting venues are fit for purpose and complying with COVID-19 management strategies, including:
 - social distancing requirements;
 - restrictions on number of attendees;
 - cleaning/sanitising regimes;
 - availability of personal hygiene facilities and products; and
 - the keeping of attendance registers;
- make adjustments to our sports by-laws and play practices where appropriate to minimise personal contact between players;
- cooperate where requested with any Queensland Health contact-tracing investigation into a COVID-19 case related to participants or other persons involved with our sporting fixtures;
- maintain the confidentiality and privacy of any individual who is the subject of any such Queensland Health contact-tracing investigation;
- encourage compliance as far as possible with requirements for social distancing (1.5 metres between people and no more than one person per 4 square metres), regular hands washing/sanitising and avoidance of handshaking;
- encourage all participants and associated parties to AIC sports to download the [COVIDSafe app](#);
- actively enforce the requirement for individuals to self-exclude from sports in accordance with AIC's Zero Tolerance Threshold where they:
 - are displaying known symptoms of COVID-19 (**Appendix C**);
 - are awaiting the results of COVID-19 testing;
 - have recently been diagnosed with COVID-19;
 - have returned from a travel destination within the previous 14 days declared by government authorities to require individuals to self-isolate; or
 - are reasonably believed to fit one of the above categories;
- review this plan in accordance with Queensland public health advice, including reactivating increased restrictions where necessary in the event of an outbreak.





3 PROCEDURE FOR DEALING WITH COVID-19 CASES

The following guidelines are in accordance with Queensland Health directives and each member school is committed to ensuring that they are followed.

- Should an AIC member College receive notification that a student, staff member or member of the School community tests positively for COVID-19, the College Principal will immediately seek and follow the directions of Queensland Health and other relevant authorities. These directions could include a self-quarantine period for students and staff who are deemed to have been in close-contact with the individual who tests positively for COVID-19. There remains a potential scenario where the School may be closed for a period of time as all students and staff may be treated as close contacts of the confirmed case.
- The College Principal will notify the President of the AIC association of the situation and expected closure dates for the school.
- The President of the AIC will notify the AIC Response group to decide what further action may need to be taken by the AIC, if any.
- The AIC President will inform all member schools of the situation so that there is a single point of communication.
- Cleaning Processes as set out by the Queensland Department of Health will be required to be undertaken on any facilities used for AIC sport that may have been affected, if necessary.

3.1 Preventative Measures

All AIC Colleges will Communicate the AIC expectations for student and spectator behaviour and hygiene with their School community to:

- Raise awareness and consciousness about what actions the AIC is taking to minimize the risk of an outbreak of COVID-19 within sporting fixtures.
- Encourage the use of physical hygiene and reduction of spread initiatives as listed below.

3.2 Personal Hygiene and Reduction of Spread Strategies

- All AIC Colleges are required to educate all staff, coaches, spectators and families about adequate hand washing techniques.
- All AIC Colleges are required to increase resourcing allocated to the cleaning of the physical sites within their sporting facilities, with focus on surfaces and high traffic areas. Additional resourcing will be also allocated to ensure an adequate supply of handwash, hand sanitizer etc around high-risk areas such as bathrooms, changerooms, canteens etc.
- Where applicable, introduction of a non-contact greeting in lieu of close contact greetings (handshakes and hugs etc) before and after fixtures.





- All competitors within AIC sports events will carry their own water bottle or equivalent drinking device. If a member College has generic bottles, they must ensure that saliva cannot be spread amongst players and that all devices are not mixed with those of their opposing school(s).

3.3 AIC Zero Tolerance Threshold

The zero tolerance symptoms for the threshold are:

- Fever
- Sore throat
- Continuous cough or sneezing
- Extreme nasal or chest congestion.

All AIC College are expected to introduce and communicate the AIC zero tolerance threshold to all staff, coaches, students and families so that students who exhibit any one of the symptoms listed refrain from attending any AIC events.





4 AIC RETURN TO SPORT PLAN

4.1 Rugby Union, Rugby League, Soccer, Australia Rules

Anticipated Return Date	<input type="checkbox"/> Stage 1 – 15 May 2020	<input checked="" type="checkbox"/> Stage 2 – 1 June 2020 (training only)	<input checked="" type="checkbox"/> Stage 3 – 10 July 2020 (competition)
Venues	<input checked="" type="checkbox"/> Schools	<input type="checkbox"/> Non-Schools	
Return format	<input type="checkbox"/> Normal Rules	<input checked="" type="checkbox"/> COVID-Modified Rules	

Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
Stage 2	<ul style="list-style-type: none"> • Training permitted in groups of 20 only • Training sessions scheduled to ensure no co-mingling between participants. • Training conditions modified to support physical distancing, ie. adequate spacing, non-contact skills training only • Minimised sharing of equipment with use of hand sanitiser and cleaning of equipment before and after use • Changed behaviour standards, ie. no high-fives, team huddles or hand shaking • Social distancing of 1.5m between people, and density of 1 person per 4m² • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at training venues • No use of communal facilities (ie. showers, change rooms), toilets only. • Plan for the physical distancing of spectators, including strategies for managing the flow of people to, from and within the venue 	Control measures listed will be complied with in addition to relevant elements of the: Field Team Sports – Industry COVID Safe Plan
Stage 3	<ul style="list-style-type: none"> • Return to standard sporting activity • Maximum of 100 people (including participants, trainers, spectators and others persons involved/around the gathering), unless approved under an Industry COVID Safe Plan • Games scheduled to ensure no co-mingling between participants. 	





Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
	<ul style="list-style-type: none"> • Changed behaviour standards, ie. no high-fives, team huddles or hand shaking • Sharing of equipment permitted, with cleaning regimes in place • Warm-up periods reduced or conducted off-field • Sign-in systems will be put in place to track and trace participants and spectators • Arrival and exist points altered where necessary for safe and separate passages for entry and exit • Signage to explain control measures • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at playing venues • Restricted use of communal facilities (ie. showers, change rooms), toilets only • Social distancing of 1.5m between spectators, and density of 1 person per 4m², with separate off-field areas for viewing • Parents encouraged to limit spectating as directed by the Management Committee • Assessment of venue COVID-19 management strategies in place, as per AIC Venue WHS Inspection Checklist (Appendix D) • AIC By-Law relaxations: <ul style="list-style-type: none"> ○ Game day schedules altered ○ Reduced warm up time ○ Reduced playing time 	





Associated Independent Colleges

Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
	<ul style="list-style-type: none"> • Restricted use of communal facilities (ie. showers, change rooms), toilets only. • Social distancing of 1.5m between spectators, and density of 1 person per 4m², with separate off-field areas for viewing • Parents encouraged to limit spectating as directed by the Management Committee • Assessment of venue COVID-19 management strategies in place, as per AIC Venue WHS Inspection Checklist (Appendix D) • AIC By-Law relaxations: <ul style="list-style-type: none"> ○ Designated warm up areas ○ Reduced number of competitors ○ Race time alterations 	





4.3 Tennis

Anticipated Return Date	<input type="checkbox"/> Stage 1 – 15 May 2020	<input checked="" type="checkbox"/> Stage 2 – 1 June 2020 (training only)	<input checked="" type="checkbox"/> Stage 3 – 10 July 2020 (competition)
Venues	<input checked="" type="checkbox"/> School (Training)	<input checked="" type="checkbox"/> Non-Schools (Competition)	
Return format	<input checked="" type="checkbox"/> Normal Rules	<input type="checkbox"/> COVID-Modified Rules	

Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
Stage 2	<ul style="list-style-type: none"> • Training permitted in groups of 20 only • Training sessions scheduled to ensure no co-mingling between participants. • Training conditions modified to support physical distancing, ie. adequate spacing, non-contact skills training only • Minimised sharing of equipment with use of hand sanitiser and cleaning of equipment before and after use • Changed behaviour standards, ie. no high-fives, team huddles or hand shaking • Social distancing of 1.5m between people, and density of 1 person per 4m² • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at training venues • No use of communal facilities (ie. showers, change rooms), toilets only. • Plan for the physical distancing of spectators, including strategies for managing the flow of people to, from and within the venue 	Control measures listed will be complied with in addition to relevant elements of the: Outdoor Team Sports – Industry COVID Safe Plan
Stage 3	<ul style="list-style-type: none"> • Return to standard sporting activity • Maximum of 100 people (including participants, trainers, spectators and others persons involved/around the gathering), unless approved under an Industry COVID Safe Plan • Games scheduled to ensure no co-mingling between participants • Changed behaviour standards, ie. no high-fives, team huddles or hand shaking • Sharing of equipment permitted, with cleaning regimes in place • Warm-up periods reduced or conducted off-court • Sign-in systems will be put in place to track and trace participants and spectators 	





Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
	<ul style="list-style-type: none"> • Arrival and exit points altered where necessary for safe and separate passages for entry and exit • Signage to explain control measures • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at playing venues • Restricted use of communal facilities (ie. showers, change rooms), toilets only • Social distancing of 1.5m between spectators, and density of 1 person per 4m², with separate off-field areas for viewing • Parents encouraged to limit spectating as directed by the Management Committee • Assessment of venue COVID-19 management strategies in place, as per AIC Venue WHS Inspection Checklist (Appendix D) • AIC By-Law relaxations: <ul style="list-style-type: none"> ○ Game day schedules altered 	





4.4 Basketball and Volleyball

Anticipated Return Date	<input type="checkbox"/> Stage 1 – 15 May 2020	<input checked="" type="checkbox"/> Stage 2 – 1 June 2020 (training only)	<input checked="" type="checkbox"/> Stage 3 – 10 July 2020 (competition)
Venues	<input checked="" type="checkbox"/> School (Training and Competition)	<input type="checkbox"/> Non-Schools	
Return format	<input type="checkbox"/> Normal Rules	<input checked="" type="checkbox"/> COVID-Modified Rules	

Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
Stage 2	<ul style="list-style-type: none"> • Training permitted in groups of 20 only • Training sessions scheduled to ensure no co-mingling between participants. • Training conditions modified to support physical distancing, ie. adequate spacing, non-contact skills training only • Minimised sharing of equipment with use of hand sanitiser and cleaning of equipment before and after use • Changed behaviour standards, ie. no high-fives, team huddles or hand shaking • Social distancing of 1.5m between people, and density of 1 person per 4m² • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at training venues • No use of communal facilities (ie. showers, change rooms), toilets only. • Plan for the physical distancing of spectators, including strategies for managing the flow of people to, from and within the venue 	<p>Control measures listed will be complied with in addition to relevant elements of the:</p> <p>Indoor Sports Group – Industry COVID Safe Plan</p> <p>Outdoor Team Sports – Industry COVID Safe Plan</p>
Stage 3	<ul style="list-style-type: none"> • Return to standard sporting activity • Maximum of 100 people (including participants, trainers, spectators and others persons involved/around the gathering), unless approved under an Industry COVID Safe Plan • Games scheduled to ensure no co-mingling between participants • Changed behaviour standards, ie. no high-fives, team huddles or hand shaking • Sharing of equipment permitted, with cleaning regimes in place • Warm-up periods reduced or conducted off-court • Sign-in systems will be put in place to track and trace participants and spectators 	





Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
	<ul style="list-style-type: none"> • Arrival and exist points altered where necessary for safe and separate passages for entry and exit • Signage to explain control measures • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at playing venues • Restricted use of communal facilities (ie. showers, change rooms), toilets only • Social distancing of 1.5m between spectators, and density of 1 person per 4m², with separate off-field areas for viewing • Parents encouraged to limit spectating as directed by the Management Committee • Assessment of venue COVID-19 management strategies in place, as per AIC Venue WHS Inspection Checklist (Appendix D) • AIC By-Law relaxations: <ul style="list-style-type: none"> ○ Game day schedules altered ○ Reduced warm up time ○ Reduced playing time (alteration to time out rules) 	





4.5 Chess

Anticipated Return Date	<input type="checkbox"/> Stage 1 – 15 May 2020	<input checked="" type="checkbox"/> Stage 2 – 1 June 2020 (training only)	<input checked="" type="checkbox"/> Stage 3 – 10 July 2020 (competition)
Venues	<input checked="" type="checkbox"/> Schools	<input type="checkbox"/> Non-Schools	
Return format	<input checked="" type="checkbox"/> Normal Rules	<input type="checkbox"/> COVID-Modified Rules	

Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
Stage 2	<ul style="list-style-type: none"> • Training permitted in groups of 20 only • Training sessions scheduled to ensure no co-mingling between participants. • Training conditions modified to support physical distancing, ie. adequate spacing, non-contact skills training only • Minimised sharing of equipment with use of hand sanitiser and cleaning of equipment before and after use • Changed behaviour standards, ie. no high-fives, team huddles or hand shaking • Social distancing of 1.5m between people, and density of 1 person per 4m² • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at training venues • No use of communal facilities (ie. showers, change rooms), toilets only. • Plan for the physical distancing of spectators, including strategies for managing the flow of people to, from and within the venue 	<p>Control measures listed will be complied with in addition to relevant elements of the:</p> <p>Home school's normal COVID-19 management arrangements</p>
Stage 3	<ul style="list-style-type: none"> • Return to standard sporting activity • Maximum of 100 people (including participants, trainers, spectators and others persons involved/around the gathering), unless approved under an Industry COVID Safe Plan • Games scheduled to ensure no co-mingling between participants. • Changed behaviour standards, ie. no high-fives, team huddles or hand shaking • Sharing of equipment permitted, with cleaning regimes in place • Warm-up periods reduced or conducted off-field 	





Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
	<ul style="list-style-type: none"> • Sign-in systems will be put in place to track and trace participants and spectators • Arrival and exist points altered where necessary for safe and separate passages for entry and exit • Signage to explain control measures • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at playing venues • Restricted use of communal facilities (ie. showers, change rooms), toilets only • Social distancing of 1.5m between spectators, and density of 1 person per 4m², with separate off-field areas for viewing • Parents encouraged to limit spectating as directed by the Management Committee • Assessment of venue COVID-19 management strategies in place, as per AIC Venue WHS Inspection Checklist (Appendix D) • AIC By-Law relaxations: <ul style="list-style-type: none"> ○ Equipment set up ○ Reduced warm up time 	





Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
	<ul style="list-style-type: none"> • Arrival and exist points altered where necessary for safe and separate passages for entry and exit • Signage to explain control measures • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at playing venues • Restricted use of communal facilities (ie. showers, change rooms), toilets only • Social distancing of 1.5m between spectators, and density of 1 person per 4m², with separate off-field areas for viewing • Parents encouraged to limit spectating as directed by the Management Committee • Assessment of venue COVID-19 management strategies in place, as per AIC Venue WHS Inspection Checklist (Appendix D) • AIC By-Law relaxations: <ul style="list-style-type: none"> ○ Carnival day schedules altered ○ Reduced number of competitors 	





4.7 Cricket

Anticipated Return Date	<input type="checkbox"/> Stage 1 – 15 May 2020	<input checked="" type="checkbox"/> Stage 2 – 1 June 2020 (training only)	<input checked="" type="checkbox"/> Stage 3 – 10 July 2020 (competition)
Venues	<input type="checkbox"/> Schools	<input checked="" type="checkbox"/> Non-Schools	
Return format	<input type="checkbox"/> Normal Rules	<input checked="" type="checkbox"/> COVID-Modified Rules	

Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
Stage 2	<ul style="list-style-type: none"> • Training permitted in groups of 20 only • Training sessions scheduled to ensure no co-mingling between participants. • Training conditions modified to support physical distancing, ie. adequate spacing, non-contact skills training only • Minimised sharing of equipment with use of hand sanitiser and cleaning of equipment before and after use • Changed behaviour standards, ie. no high-fives, team huddles or hand shaking • Social distancing of 1.5m between people, and density of 1 person per 4m² • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at training venues • No use of communal facilities (ie. showers, change rooms), toilets only. • Plan for the physical distancing of spectators, including strategies for managing the flow of people to, from and within the venue 	<p>Control measures listed will be complied with in addition to relevant elements of the:</p> <p>Field Sports – Industry COVID Safe Plan</p>
Stage 3	<ul style="list-style-type: none"> • Return to standard sporting activity • Maximum of 100 people (including participants, trainers, spectators and others persons involved/around the gathering), unless approved under an Industry COVID Safe Plan • Games scheduled to ensure no co-mingling between participants. • Changed behaviour standards, ie. no high-fives, team huddles or hand shaking • Sharing of equipment permitted, with cleaning regimes in place • Warm-up periods reduced or conducted off-field • Sign-in systems will be put in place to track and trace participants and spectators 	





Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
	<ul style="list-style-type: none"> • Arrival and exist points altered where necessary for safe and separate passages for entry and exit • Signage to explain control measures • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at playing venues • Restricted use of communal facilities (ie. showers, change rooms), toilets only • Social distancing of 1.5m between spectators, and density of 1 person per 4m², with separate off-field areas for viewing • Parents encouraged to limit spectating as directed by the Management Committee • Assessment of venue COVID-19 management strategies in place, as per AIC Venue WHS Inspection Checklist (Appendix D) • AIC By-Law relaxations: <ul style="list-style-type: none"> ○ Reduced warm up time ○ Reduced playing time 	





4.8 Swimming and Water Polo

Anticipated Return Date	<input type="checkbox"/> Stage 1 – 15 May 2020	<input checked="" type="checkbox"/> Stage 2 – 1 June 2020 (training only)	<input checked="" type="checkbox"/> Stage 3 – 10 July 2020 (competition)
Venues	<input checked="" type="checkbox"/> Schools	<input checked="" type="checkbox"/> Non-Schools	
Return format	<input checked="" type="checkbox"/> Normal Rules	<input type="checkbox"/> COVID-Modified Rules	

Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
Stage 2	<ul style="list-style-type: none"> • Training permitted in groups of 20 only • Training sessions scheduled to ensure no co-mingling between participants. • Training conditions modified to support physical distancing, ie. adequate spacing, non-contact skills training only • Minimised sharing of equipment with use of hand sanitiser and cleaning of equipment before and after use • Changed behaviour standards, ie. no high-fives, team huddles or hand shaking • Social distancing of 1.5m between people, and density of 1 person per 4m² • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at training venues • No use of communal facilities (ie. showers, change rooms), toilets only. • Plan for the physical distancing of spectators, including strategies for managing the flow of people to, from and within the venue 	<p>Control measures listed will be complied with in addition to relevant elements of the:</p> <p>Aquatic Sports Sector – Industry COVID Safe Plan</p> <p>Swimming Pool and Aquatic Centre COVID Safe Plan</p>
Stage 3	<ul style="list-style-type: none"> • Return to standard sporting activity • Maximum of 100 people (including participants, trainers, spectators and others persons involved/around the gathering), unless approved under an Industry COVID Safe Plan • Games scheduled to ensure no co-mingling between participants. • Changed behaviour standards, ie. no high-fives, team huddles or hand shaking • Sharing of equipment permitted, with cleaning regimes in place • Warm-up periods reduced or conducted off-field 	





Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
	<ul style="list-style-type: none"> • Sign-in systems will be put in place to track and trace participants and spectators • Arrival and exist points altered where necessary for safe and separate passages for entry and exit • Signage to explain control measures • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at playing venues • Restricted use of communal facilities (ie. showers, change rooms), toilets only • Social distancing of 1.5m between spectators, and density of 1 person per 4m², with separate off-field areas for viewing • Parents encouraged to limit spectating as directed by the Management Committee • Assessment of venue COVID-19 management strategies in place, as per AIC Venue WHS Inspection Checklist (Appendix D) • AIC By-Law relaxations: <ul style="list-style-type: none"> ○ Carnival schedules altered ○ Reduced warm up time ○ Reduce number of competitors 	





4.9 Golf

Anticipated Return Date	<input type="checkbox"/> Stage 1 – 15 May 2020	<input checked="" type="checkbox"/> Stage 2 – 1 June 2020 (training only)	<input checked="" type="checkbox"/> Stage 3 – 10 July 2020 (competition)
Venues	<input type="checkbox"/> Schools	<input checked="" type="checkbox"/> Non-Schools	
Return format	<input checked="" type="checkbox"/> Normal Rules	<input type="checkbox"/> COVID-Modified Rules	

Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
Stage 2	<ul style="list-style-type: none"> • Training permitted in groups of 20 only • Training sessions scheduled to ensure no co-mingling between participants. • Training conditions modified to support physical distancing, ie. adequate spacing, non-contact skills training only • Minimised sharing of equipment with use of hand sanitiser and cleaning of equipment before and after use • Changed behaviour standards, ie. no high-fives, team huddles or hand shaking • Social distancing of 1.5m between people, and density of 1 person per 4m² • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at training venues • No use of communal facilities (ie. showers, change rooms), toilets only. • Plan for the physical distancing of spectators, including strategies for managing the flow of people to, from and within the venue 	Control measures listed will be complied with in addition to relevant elements of the: Golf Australia COVID-19 Safe Plan Guidance – Qld
Stage 3	<ul style="list-style-type: none"> • Return to standard sporting activity • Maximum of 100 people (including participants, trainers, spectators and others persons involved/around the gathering), unless approved under an Industry COVID Safe Plan • Games scheduled to ensure no co-mingling between participants. • Changed behaviour standards, ie. no high-fives, team huddles or hand shaking • Sharing of equipment permitted, with cleaning regimes in place • Warm-up periods reduced or conducted off-field 	





Restrictions Stage (Appendix A)	Restrictions and Controls (based on "Return to Play - Guide for Queensland sport, recreation and fitness industries)	Approved Industry COVID-Safe Plan
	<ul style="list-style-type: none"> • Sign-in systems will be put in place to track and trace participants and spectators • Arrival and exist points altered where necessary for safe and separate passages for entry and exit • Signage to explain control measures • Hand sanitisers, adequate hand washing facilities and additional cleaning provided at playing venues • Restricted use of communal facilities (ie. showers, change rooms), toilets only • Social distancing of 1.5m between spectators, and density of 1 person per 4m², with separate off-field areas for viewing • Parents encouraged to limit spectating as directed by the Management Committee • Assessment of venue COVID-19 management strategies in place, as per AIC Venue WHS Inspection Checklist (Appendix D) • AIC By-Law relaxations: <ul style="list-style-type: none"> ○ Match day schedule altered ○ Reduced warm up time ○ Reduced playing time 	





5 COVID-19 RISK ASSESSMENT

Identifiable Risks / Hazards	Likelihood			Consequence				Proposals to Respond to Perceived Risks	Level of Risk			
	Unlikely	Possible	Likely	Minor	Moderate	Major	Catastrophic		Low	Medium	High	Unacceptable
A student, staff member or coach of a member School tests positively for COVID-19.	Possible			Major				<p>Member Schools will:</p> <ul style="list-style-type: none"> will immediately seek and follow the directions of Queensland Health and other relevant authorities. Assist and comply with regards to directions of relevant authorities to identify contacts of a confirmed case. Compile an infection control checklist for the School. <p>The AIC will:</p> <ul style="list-style-type: none"> Confer a meeting of the AIC Response Team. Take appropriate action regarding the ongoing sporting competition draws regarding the affected member school and directions from Health authorities regarding actions to be taken by competing schools. The AIC President/EO will notify other schools of the matter and the decision by the AIC Response Team. 	High			





Identifiable Risks / Hazards	Likelihood			Consequence				Proposals to Respond to Perceived Risks	Level of Risk			
	Unlikely	Possible	Likely	Minor	Moderate	Major	Catastrophic		Low	Medium	High	Unacceptable
A member School is closed for a designated period because of a confirmed case of COVID-19.	Possible			Major				<p>Member Schools will:</p> <ul style="list-style-type: none"> Seek advice and information from Queensland Health, Australian Government Department of Health and the Department of Education and Training on what considerations should be made for their community. Notify the AIC President/EO of the situation and actions needed to be taken. <p>The AIC will:</p> <ul style="list-style-type: none"> The EO will Confer a meeting of the AIC Response Team to discuss the situation of the member school. The EO, in consultation, with relevant Directors of Sport make changes to the sporting draw over the length of closure and replace the school with a 'bye' round. Changes to be considered to the overall draw if more than one school is affected at the same time. In the case of multiple closures, the member committee of the AIC would determine if the sport will continue for the full season. 	High			





Associated Independent Colleges

Identifiable Risks / Hazards	Likelihood			Consequence				Proposals to Respond to Perceived Risks	Level of Risk			
	Unlikely	Possible	Likely	Minor	Moderate	Major	Catastrophic		Low	Medium	High	Unacceptable
Fixtures are cancelled, suspended or postponed.	Likely			Moderate				<p>The School will:</p> <ul style="list-style-type: none"> Notify their community before the start of the Term 2 sport that there is a possibility of cancellation of fixtures due to closure of schools. Give immediate updates of any changes to the draws ASAP to their community. Notify their community of any communications from the AIC in a timely manner. Be responsible for the cost of any special cleaning requirements for their own facilities and venues. <p>The AIC will:</p> <ul style="list-style-type: none"> Bear the cost of any AIC booked venue and officials. The AIC President and EO will seek media advice and disseminate a release to member Colleges and relevant media and social media outlets and sites. 	Medium			





Associated Independent Colleges

Identifiable Risks / Hazards	Likelihood			Consequence				Proposals to Respond to Perceived Risks	Level of Risk			
	Unlikely	Possible	Likely	Minor	Moderate	Major	Catastrophic		Low	Medium	High	Unacceptable
Directive from Queensland Health or another relevant authority to cancel AIC fixtures for designated period (Logistical Risk)	Possible			Major				<p>The College will:</p> <ul style="list-style-type: none"> Publish the AIC Communication Statement to their community in a timely manner. Refrain from making any statements to media outlets or social media sites so that there is a common message from the AIC Association. <p>The AIC will:</p> <ul style="list-style-type: none"> AIC President and EO will seek advice and information from the relevant government and educational bodies on relevant information to be communicated to member school communities. The President and EO will formulate a statement to be disseminated to all School communities explaining why the fixtures have been cancelled and what other actions will be taken by the association. The AIC Response team will confer to the Directors of Sport to develop a revised plan for fixtures after the cancellation period has expired, if possible and reasonable. 	High			





Associated Independent Colleges

Identifiable Risks / Hazards	Likelihood			Consequence				Proposals to Respond to Perceived Risks	Level of Risk			
	Unlikely	Possible	Likely	Minor	Moderate	Major	Catastrophic		Low	Medium	High	Unacceptable
Media reports of a coach, student player or official has returned a positive test for COVID-19 (Reputational Risk)	Possible			Moderate				<p>The School will:</p> <ul style="list-style-type: none"> College Principal of member school contact the AIC President to notify of situation. Member school to refrain from direct contact with media and use AIC communications company as intermediary. <p>The AIC will:</p> <ul style="list-style-type: none"> Appoint a communications company to assist with media advice and responses. AIC President and EO will develop an informative response in consultation with the appointed communications company and disseminate it to all member College Principals for distribution to their communities. Ensure that there is a common understanding about the situation and that the AIC association is complying with all directives from the relevant authorities. 	Medium			





6 REFERENCES

Queensland Health Public Health Directions

- <https://www.health.qld.gov.au/system-governance/legislation/cho-public-health-directions-under-expanded-public-health-act-powers/business-activity-undertaking-direction>

Queensland Government COVID-19 Resources

- <https://www.business.qld.gov.au/running-business/covid-19-restrictions/industry-safe-plans>
- https://www.covid19.qld.gov.au/_data/assets/pdf_file/0026/127943/return-to-play-guide.pdf

Australian Government COVID-19 Resources

- <https://www.health.gov.au/resources/collections/novel-coronavirus-2019-ncov-resources>

Australian Institute of Sport – AIS Framework for Rebooting Sport

- <https://ais.gov.au/health-wellbeing/covid-19-ais-framework-for-rebooting-sport>

7 DOCUMENT REVIEW HISTORY

Version	Date	Change Details	Actioner
1.0	June 2020	Initial document creation	Shelley Dale OHS Services



Roadmap to easing Queensland’s restrictions

Unite against COVID-19 

A step-down approach to COVID-19

CONTINUING CONDITIONS • Social distancing, 1.5 metres and hygiene • Stay at home if you’re sick • Tracking, tracing, rapid response • Work at home if it works for you and your employer

EASING TO DATE

STAGE 1: from 11:59pm
15 MAY 2020 (2 weeks)

STAGE 2: commencing from 12 noon
1 JUNE 2020 (6 weeks)

STAGE 3: 10 JULY 2020

SCHOOLS PLAN

11 May Kindy, Prep Years 1, 11, 12

25 May Years 2–10

School holidays (27 Jun–12 Jul)

Family, friends and community

- › Gatherings in homes (household + 2 visitors from the same or different households, or up to 5 visitors from the same household)
- › Household or one friend and within 50 kms of home for recreational purposes:
 - › go for a drive
 - › have a picnic
 - › visit a national park
 - › go fishing, boating or jet-skiing

Retail shopping

- › Allowing retail shopping for non-essential items within 50 kms of home

Schools

- › Gradual return to class
- › 11 May: Kindy, Prep and Years 1, 11 and 12
- › 25 May: Years 2–10.

COVID SAFE checks

- › Surveillance and epidemiological indicators suggest a move would NOT present an undue risk
- › Testing is widespread and adequately identifies community transmission
- › Point source outbreaks are effectively contained by public health actions.

Family, friends and community

- › Gatherings in homes (household + max 5 visitors, allowed from separate households)
- › Gatherings of up to 10 people:
 - › outdoor, non-contact activity
 - › personal training
 - › pools (indoor and outdoor)
 - › public spaces and lagoons* (e.g. South Bank Parklands, Cairns, Airlie Beach etc)
 - › parks, playground equipment, skate parks and outdoor gyms
 - › libraries
 - › weddings
 - › hiking and other recreational activities in national and state parks
 - › places of worship and religious ceremonies
- › Funerals (max 20 indoors or 30 outdoors)
- › Recreational travel (max 150 kms within your region for day trips)

Businesses and economy

- › Retail shopping
- › 10 people permitted at any one time for:
 - › dining in (with COVID SAFE Checklist): restaurants, cafés, pubs, registered and licensed clubs, RSL clubs and hotels – no bars or gaming
 - › open homes and auctions
 - › beauty therapy and nail salons (with COVID SAFE Checklist)

Outback[‡]

- › Dining in (with COVID SAFE Checklist): restaurants, cafés, pubs, registered and licensed clubs, RSL clubs and hotels (max 20 at any one time) for locals only (must show proof of residence) – no bars or gaming
- › Recreational travel including overnight accommodation max 500 kms within the outback only if you live in the outback.

UPDATE

- › **Unlimited travel** and overnight stays for all of Queensland* (including for school holidays)
- › **Dining in or seated drinks** in restaurants, cafés, pubs, registered or licensed clubs, RSL Clubs, hotels and casinos (no gaming) – up to 20 patrons per room or per defined area (indoors or outdoors) for a venue (when following a COVID SAFE Industry Plan[†])

Family, friends and community

- › Gatherings of up to 20 people:
 - › homes
 - › public spaces and lagoons* (e.g. South Bank Parklands, Cairns, Airlie Beach etc)
 - › non-contact indoor and outdoor community sport*
 - › personal training
 - › gyms*, health clubs* and yoga studios*
 - › pools* (indoor and outdoor) and community sports clubs*
 - › museums*, art galleries* and historic sites*
 - › weddings
 - › parks, playground equipment, skate parks and outdoor gyms
 - › libraries*
 - › hiking, camping and other recreational activities in national and state parks
 - › places of worship* and religious and civil ceremonies
 - › Funerals (max 50)
 - › Recreational travel, camping and accommodation, including caravan parks (anywhere in Queensland)

Businesses and economy

- › Retail shopping
- › Tourism accommodation
- › 20 people permitted at any one time for:
 - › indoor cinemas*
 - › open homes* and auctions*
 - › outdoor amusement parks*, tourism experiences*, zoos* and arcades*
 - › concert venues*, theatres*, arenas*, auditoriums* and stadiums*
 - › beauty therapy, nail salons, tanning, tattoo parlours and spas (with COVID SAFE Checklist).

Subject to further planning and review, interstate travel will be permitted and a maximum of 100 people* will be permitted for:

- › gatherings in public spaces and homes
- › restaurants, cafés, pubs, registered and licensed clubs, RSL clubs, food courts and hotels
- › indoor cinemas
- › places of worship and religious ceremonies
- › museums, art galleries and historic sites
- › pools and community sports clubs
- › community sport
- › gyms, health clubs and yoga studios
- › outdoor amusement parks, zoos and arcades
- › concert venues, theatres, arenas, auditoriums and stadiums
- › weddings
- › funerals
- › saunas and bathhouses
- › open homes and auctions
- › casinos, gaming and gambling venues
- › nightclubs
- › beauty therapy, tanning, nail salons and spas, tattoo parlours and non-therapeutic massage parlours
- › libraries
- › hiking, camping and other recreational activities in national and state parks.

The public health rules to maintain:

- › Physical distancing
- › 4 square metres per person when indoors
- › Hand hygiene
- › Respiratory hygiene
- › Frequent environmental cleaning and disinfection

* More with COVID SAFE Plan approved by health authorities

† Max 20 with a COVID SAFE Checklist when not complying with the COVID SAFE Industry Plan

‡ Outback areas as defined by Local Government Area. Details on COVID19.qld.gov.au

Except Biosecurity Areas or Restricted Areas



COVID SAFE check point

- › assess impact
- › review border
- › review biosecurity and designated areas

Last updated 30.05.20



COVID SAFE check point

- › assess impact
- › review border
- › review biosecurity and designated areas



COVID SAFE check point

- › assess impact
- › review border
- › review biosecurity and designated areas





APPENDIX B – AIS National Principles for the Resumption of Sport and Recreation Activities

NATIONAL PRINCIPLES FOR THE RESUMPTION OF SPORT AND RECREATION ACTIVITIES

1. Resumption of sport and recreation activities can contribute many health, economic, social and cultural benefits to Australian society emerging from the COVID-19 environment.
2. Resumption of sport and recreation activities should not compromise the health of individuals or the community.
3. Resumption of sport and recreation activities will be based on objective health information to ensure they are conducted safely and do not risk increased COVID-19 local transmission rates.
4. All decisions about resumption of sport and recreation activities must take place with careful reference to these National Principles following close consultation with Federal, State/Territory and/or Local Public Health Authorities, as relevant.
5. The AIS 'Framework for Rebooting Sport in a COVID-19 Environment' provides a guide for the reintroduction of sport and recreation in Australia, including high performance sport. The AIS Framework incorporates consideration of the differences between contact and non-contact sport and indoor and outdoor activity. Whilst the three phases A, B and C of the AIS Framework provide a general guide, individual jurisdictions may provide guidance on the timing of introduction of various levels of sport participation with regard to local epidemiology, risk mitigation strategies and public health capacity.
6. International evidence to date is suggestive that outdoor activities are a lower risk setting for COVID-19 transmission. There is no good data on risks of indoor sporting activity but, at this time, the risk is assumed to be greater than for outdoor sporting activity, even with similar mitigation steps taken.
7. All individuals who participate in, and contribute to, sport and recreation will be considered in resumption plans, including those at the high performance/professional level, those at the community competitive level, and those who wish to enjoy passive (non-contact) individual sports and recreation.
8. Resumption of community sport and recreation activity should take place in a staged fashion with an initial phase of small group (<10) activities in a non-contact fashion, prior to moving on to a subsequent phase of large group (>10) activities including full contact training/competition in sport. Individual jurisdictions will determine progression through these phases, taking account of local epidemiology, risk mitigation strategies and public health capability.
 - This includes the resumption of children's outdoor sport with strict physical distancing measures for non-sporting attendees such as parents.
 - This includes the resumption of outdoor recreational activities including (but not limited to) outdoor-based personal training and boot camps, golf, fishing, bush-walking, swimming, etc.
9. Significantly enhanced risk mitigation (including avoidance and physical distancing) must be applied to all indoor activities associated with outdoor sporting codes (e.g. club rooms, training facilities, gymnasias and the like).
10. For high performance and professional sporting organisations, the regime underpinned in the AIS Framework is considered a minimum baseline standard required to be met before the resumption of training and match play, noting most sports and participants are currently operating at level A of the AIS Framework.
11. If sporting organisations are seeking specific exemptions in order to recommence activity, particularly with regard to competitions, they are required to engage with, and where necessary seek approvals from, the respective State/Territory and/or Local Public Health Authorities regarding additional measures to reduce the risk of COVID-19 spread.
12. At all times sport and recreation organisations must respond to the directives of Public Health Authorities. Localised outbreaks may require sporting organisations to again restrict activity and those organisations must be ready to respond accordingly. The detection of a positive COVID-19 case in a sporting or recreation club or organisation will result in a standard public health response, which could include quarantine of a whole team or large group, and close contacts, for the required period.
13. The risks associated with large gatherings are such that, for the foreseeable future, elite sports, if recommenced, should do so in a spectator-free environment with the minimum support staff available to support the competition. Community sport and recreation activities should limit those present to the minimum required to support the participants (e.g. one parent or carer per child if necessary).
14. The sporting environment (training and competition venues) should be assessed to ensure precautions are taken to minimise risk to those participating in sport and those attending sporting events as spectators (where and when permissible).
15. The safety and well-being of the Australian community will be the priority in any further and specific decisions about the resumption of sport, which will be considered by the COVID-19 Sports and Health Committee.





SAFE REBOOT OF SPORT

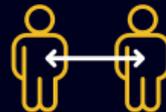
ANY DECISIONS ON TIMING OF RETURN TO TRAINING AND/OR COMPETITION MUST BE GUIDED BY YOUR STATE OR TERRITORY PUBLIC HEALTH REGULATIONS



'Get in, train and get out'



If you can do it at home, do so



Wherever possible, keep your social distancing of at least 1.5m



Keep numbers small during training



Keep change rooms clean or change at home



No high-5s, dance it out instead



Spectators should spread out and maintain social distance



Follow good hand hygiene

SPORTAUS

AIS

SportAus.gov.au



AIS.gov.au



@theAIS #theAIS





APPENDIX C – Australian Government – COVID-19 Symptoms

Coronavirus
(COVID-19)

COVID-19: IDENTIFYING THE SYMPTOMS

SYMPTOMS	COVID-19	COLD	FLU
	Symptoms range from mild to severe	Gradual onset of symptoms	Abrupt onset of symptoms
Fever	Common	Rare	Common
Cough	Common	Common	Common
Sore Throat	Sometimes	Common	Common
Shortness of Breath	Sometimes	No	No
Fatigue	Sometimes	Sometimes	Common
Aches & Pains	Sometimes	No	Common
Headaches	Sometimes	Common	Common
Runny or Stuffy Nose	Sometimes	Common	Sometimes
Diarrhea	Rare	No	Sometimes, especially for children
Sneezing	No	Common	No

Adapted from material produced by WHO, Centers for Disease Control and Prevention.

HELP STOP THE SPREAD AND STAY HEALTHY

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

For more information about **Coronavirus (COVID-19)** visit [health.gov.au](https://www.health.gov.au)

Australian Government





APPENDIX D – AIC Venue WHS Inspection Checklist

AIC Venue WHS Inspection Checklist		
Venue:		
Sport:		Fixture/Game Reference:
Completed By:		Date:
Aspect	<input checked="" type="checkbox"/> Yes <input checked="" type="checkbox"/> No	Further Action Required / Comments
Are sporting fields / court surfaces in good repair?	<input type="checkbox"/>	
Are fences and gates on sporting fields / courts in good condition? (eg. free of holes that might allow a ball to be projected onto a roadway or other area)	<input type="checkbox"/>	
Is sporting infrastructure in good repair (eg. swimming pools, goal posts, umpires chairs, basketball backboards)	<input type="checkbox"/>	
Are access and traffic management arrangements safe and suitable?	<input type="checkbox"/>	
Is there sufficient access to toilets and dressing rooms?	<input type="checkbox"/>	
Is there sufficient access to drinking water (or have participants brought sufficient supplies with them)?	<input type="checkbox"/>	
Is there adequate access to shade or shelter (including portable shelter, gazebos etc)	<input type="checkbox"/>	
Is any portable shelter safely erected and secured against collapse or movement by wind?	<input type="checkbox"/>	
Are adequate first aid personnel in attendance?	<input type="checkbox"/>	
Are adequate first aid supplies and equipment available?	<input type="checkbox"/>	
Are adequate supervision arrangements in place?	<input type="checkbox"/>	
Are emergency plans in place, including a decision framework for cancellation of events in inclement weather?	<input type="checkbox"/>	
Are surrounding gardens, trees and other structures in a safe condition (eg. not overhanging or in a state of deterioration)	<input type="checkbox"/>	
Are participants using any required safety equipment for the sport being played? (eg. helmet, mouth guard, head gear)	<input type="checkbox"/>	





AIC Venue WHS Inspection Checklist

Is the manner in which the sport is being played consistent with the applicable AIC by-laws (including spectator actions)?	<input type="checkbox"/>	
Are any umpires or referees being used appropriately licensed and/or qualified?	<input type="checkbox"/>	
Are there adequate facilities for disposal of generate waste (or arrangements in place to take it off site at completion)	<input type="checkbox"/>	
If any electrical equipment is being used, is it tested and tagged and connected to a power supply protected by a safety switch?	<input type="checkbox"/>	
If any construction or similar work is being undertaken in the area, is it completely fenced off and inaccessible?	<input type="checkbox"/>	
If the sporting venue is one licensed to sell alcohol, is responsible service being practised with no evidence of consumption by students?	<input type="checkbox"/>	
Social distancing requirements be observed (ie. 1.5 metres between people not involved in sports, density of 1 person per 4m ² , separate entrance and exits)	<input type="checkbox"/>	
Restrictions in place to limit number of attendees to 100 maximum (unless an approve COVID Safe Plan is being followed)	<input type="checkbox"/>	
Cleaning/sanitising regimes in place	<input type="checkbox"/>	
Personal hygiene facilities and products available (ie. soap, water, hand sanitiser)	<input type="checkbox"/>	
Attendance registers of participants and spectators kept	<input type="checkbox"/>	
COVID-19 instructional signage displayed (similar to that in Appendix B and C)	<input type="checkbox"/>	
There shall be no canteen facilities available during COVID plan	<input type="checkbox"/>	
Excess furniture/seating removed to discourage gathering of groups	<input type="checkbox"/>	
Details of any other hazards or issues noted:		

